

March 2012 Edition

Oxygen Users Disaster Evacuation Planning Guide[©]



Provided Compliments of:

No Person Left Behind

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Create an Oxygen Disaster Evacuation Plan

A personal oxygen user's safety plan can make you or a family member who uses oxygen better prepared during any disaster. First, know if you live in an evacuation area. Next, know your home's vulnerability to **storm surge, flooding and wind**.

Your plan is based on this knowledge. The following options will help guide your decision to stay at home or evacuate. If you live in a mobile home or on a boat, you must always evacuate.

Option A: Stay at home. If your home can withstand the expected winds, and you are away from the coast and not in a flood prone area, consider staying home. (See the current ALL HAZARDS GUIDE for your county or visit your county Emergency Operations Center website).

Option B: Stay with a relative, friend, or hotel outside the evacuation area. If you plan to do this, make arrangements in advance. Consider where you will go if the friend or relative is not home.

Option C: Relocate out of the area. Local officials will tell you which evacuation routes to use. Plan your route ahead of time, also plan alternate routes. Include maps and directions in your hurricane kit. Leave early to avoid high wind and flooding.

Option D: Go to a public shelter if you have no safe place to go. Local media will announce which shelters are open. Do not wait until the last minute to learn the route to the shelter.

- **Evacuate if ordered.**
- **Move quickly but without panic.**
- **Execute your family plan.**

Gather and record important information in this booklet to create your Oxygen Disaster Plan. This plan will help you or any oxygen user safety plan to better prepared during any disaster.. After your plan is complete, discuss it with everyone involved and keep a copy in your Disaster Evacuation Kit and your Oxygen Evacuation Kit.

EVALUATE YOUR RISK

What is the storm surge category where your home is located? <small>(see the current ALL HAZARDS GUIDE or visit www.LeePA.org)</small>	
What is the finished floor elevation for your home's first floor?	

YES	NO	
<input type="checkbox"/>	<input type="checkbox"/>	I live in a Tropical Storm or Category 1 Storm Surge Area.
<input type="checkbox"/>	<input type="checkbox"/>	I live in a mobile or manufactured home.
<input type="checkbox"/>	<input type="checkbox"/>	I live in an RV or onboard a boat.
<input type="checkbox"/>	<input type="checkbox"/>	I live on an island.
If you answered YES to any of these, <u>your home is not safe from storm surge</u> . You will be among the first to be ordered to evacuate. Keep a copy of your plan handy, prepare your supplies and evacuate immediately if ordered.		

YES	NO	
<input type="checkbox"/>	<input type="checkbox"/>	My home does not have a hurricane rated garage door.
<input type="checkbox"/>	<input type="checkbox"/>	My home has a gabled roof.
<input type="checkbox"/>	<input type="checkbox"/>	My home does not have storm shutters or other code approved window protection.
If you answered yes to any of these questions, you should protect and strengthen those areas. If you have not addressed these, you should probably evacuate.		

YES	NO	
<input type="checkbox"/>	<input type="checkbox"/>	I am required to purchase flood insurance.
<input type="checkbox"/>	<input type="checkbox"/>	My home was built prior to 2003.
<input type="checkbox"/>	<input type="checkbox"/>	There are large trees that could hit my house if they blew over.
<input type="checkbox"/>	<input type="checkbox"/>	My home has two or more stories constructed of different materials. (i.e. CBS lower story and wood framed upper story)
<input type="checkbox"/>	<input type="checkbox"/>	I live in a building with an elevator and would have a hard time getting in and out if the elevator did not work.
If you answered yes to any of these questions, you or your home may be vulnerable to the impact of a hurricane. You should consider evacuation.		

January – April

DISASTER PREPAREDNESS CHECKLIST

Done	To Do	N/A	Inspect Your Home:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Inspect Roof – Top (shingles, tiles, vents, etc.)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Inspect Roof – Attic (roof anchors, sheathing, etc.)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Inspect Storm Shutters / Window Protection (include any tools)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Inspect Garage Door Bracing (include any tools)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Identify household utility shut offs and how to operate them
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Consider creating a safe room
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Confirm that house numbers are easily visible from the street
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Inspect and prune or remove trees that could fall on your house
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Make any required repairs
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Identify any special tools needed and their location

Done	To Do	N/A	Create a Oxygen Disaster Plan and Evacuation Kit:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Review or develop your oxygen disaster plan
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Secure waterproof containers for documents and supplies
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Secure coolers for food and ice (wheels and pull handles help)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Purchase a landline (old fashioned) phone if you don't have one
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Begin to rotate dated items from your supply kit to current use

Done	To Do	N/A	Inventory Household Contents and Review Insurance:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Make an itemized inventory of your belongings
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Photograph or video tape your possessions (with date if possible)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Review and update your insurance policies as needed
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Record policy numbers and claims telephone number
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Copy important records for your supply kit

Done	To Do	N/A	Other Special Considerations:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Plan for any special medical needs you may have
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Update pet/service animal vaccinations and records
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Make plans for boats and/or RVs
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

PREPARE YOUR OXYGEN DISASTER KIT

Have	Need	N/A	IMPORTANT DOCUMENTS for EVERYONE
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Driver's License / Personal Identification
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Military ID / DD214
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Passports / Green Card / Naturalization Documents
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Social Security Cards
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Health and Medical Insurance Documents
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Disabilities Services Documentation
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Marriage Certificates
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Will / Power of Attorney
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Deed or Lease (for proof of residence)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Vehicle Registration / Titles / Proof of Insurance
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Property Insurance Documents
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Life Insurance Documents

Have	Need	N/A	Oxygen / Nebulizer / CPAP - Item Check List
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Prescription Document - backup
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Concentrator
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Concentrator 110 Volt power supply
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Concentrator 12 Volt power supply
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Tanks – How many? []
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Manifold
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Wrench – plastic - backup - 1 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Nasal Cannula - 2 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Tubing 7 foot extension - 2 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Tubing 20 foot extension - 1 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oxygen Extension Connectors - 2 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nebulizer
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nebulizer tubing, tee, mouthpiece, and reservoir
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nebulizer breathing medicine
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	CPAP breathing unit
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	CPAP breathing unit – Distilled Water - 1 gallon
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	CPAP breathing unit – 6/8 Foot Hose - 1 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	CPAP breathing unit – Face Mask - 1 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	CPAP breathing unit – Oxygen Enrichment Adapter 1 each
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Your Name Labels - on your Equipment

OXYGEN PLAN FOR SPECIAL HEALTH NEEDS

Do you take any breathing prescription medicines ? If yes, list them on the MEDICATION LOG
Do you take any over the counter breathing medicines? If yes, list them on the MEDICATION LOG
Do you have at least a two week supply of your breathing medicine? How will you get your breathing medicine replaced or refilled if it is lost or if you run out?
Comments:

Do you take any Nebulizer breathing prescription medicines ? If yes, list them on the MEDICATION LOG
Do you have at least a two week supply of your Nebulizer breathing medicine? How will you get your Nebulizer breathing medicine replaced or refilled if it is lost or if you run out?
Comments:

What will happen if you are away from home and your regular doctor and pharmacy? What if your doctor or regular pharmacy is effected and not available? What will you do?
Comments:

Does any of your medicine need to be refrigerated ? If yes, how will you do that without normal power (battery powered refrigerator, cooler with ice, with dry ice)? Where will you get the things you need? How long can you keep your medicine without regular power?	
Comments:	
Supplier Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

OXYGEN PLAN FOR SPECIAL HEALTH NEEDS

Do you use any Durable Medical Equipment ? If yes, complete the following:	
Supplier Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

Do you use Oxygen ? If yes, complete the following: (also see Oxygen Check List)	
What is the cylinder size?	Do you keep spare cylinders?
How long will your supply last?	How will you get more if needed?
Comments:	
Supplier Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

Do you use Nebulizer ? If yes, complete the following: (also see Oxygen Check List)	
Do you have a spare set of - tubing, tee, mouthpiece, and reservoir?	
How will you get more if needed?	
Comments:	
Supplier Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

Do you use a CPAP Breathing Machine ? If yes, complete the following: (also see Oxygen Check List)	
Do you have spare tubing?	Do you have a spare face mask?
How will you get more if needed?	
Comments:	
Supplier Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

OXYGEN PLAN FOR SPECIAL HEALTH NEEDS

Do you use an electric wheelchair or scooter ? If yes, complete the following. Do you have extra batteries? Does it have an Oxygen bracket ?	
Comments:	
Supplier or Repair Service Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

Do you use a manual wheel chair or can you substitute a manual chair for your electric model if needed? Does it have an Oxygen bracket or Oxygen bag ? If so, complete the following:	
Supplier or Repair Service Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

Depending on your chair type and specific needs, here are some additional items to consider.
• Portable Ramp
• Heavy gloves for use while possibly wheeling over broken glass and debris
• A spare battery for your chair and/or adapter for recharging your battery from a vehicle
• Tire patch kit and portable air compressor or canned “seal-in-air product” to repair flat tires
• Spare cane or walker (if appropriate) in case your chair becomes unusable.

Do you rely on other battery powered equipment (hearing aids, alarms, phone alerts). If yes, do you have spare batteries for them? Can you get replacement batteries easily or do they have to be special ordered? If they must be special ordered, complete the following:	
Comments:	
Supplier Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

OXYGEN PLAN FOR SPECIAL HEALTH NEEDS

Do you use any other electrical equipment that is critical to your well-being? What will happen if you lose power? Is there a manual or battery operated substitute that you can use?

Do you use disposable or limited use items (i.e. dressings, catheters, cannulas, adult diapers) If yes, do you have at least a two-week supply? If you run out where will you get more?	
Supplier Name	Your Account Number
Normal Telephone Number	Emergency Telephone Number

If you must relocate out of this area, will your answers to the previous questions change? Do you need additional plans?

Have you contacted all your health providers and discussed your plans with them?
Do they have complete contact information for you (routine and emergency)?
Have you identified your out-of-the-area contact to them and provided contact information?
Do medical providers have plans to continue your care after a disaster? What are the plans?
If you need care in a hospital, make prior arrangements with your doctor. What hospital?

OXYGEN EQUIPMENT CHANGING

Equipment Change Out Time Frame	Oxygen / Nebulizer / CPAP- Item Check
Update yearly if you Travel and Fly	Oxygen Prescription Document - backup
Oxygen Concentrator	
Replace as needed for repair	Oxygen Concentrator
Replace as needed for repair	Oxygen Concentrator 110 Volt power supply
Replace as needed for repair	Oxygen Concentrator 12 Volt power supply
Oxygen Tanks	
Replace as needed if they are empty	Oxygen Tanks – How many? []
Replace as needed for repair	Oxygen Manifold
Replace as needed if broken or lost	Oxygen Wrench – plastic
Replace every 2 weeks	Oxygen Nasal Cannula
Replace every month	Oxygen Tubing 7 foot extension
Replace every month	Oxygen Tubing 20 foot extension
Replace every month	Oxygen Extension Connectors
Nebulizer	
Replace as needed for repair	Nebulizer
Replace every month	Nebulizer tubing, tee, mouthpiece, and reservoir
Replace as needed	Nebulizer breathing medicine
CPAP	
Replace as needed for repair	CPAP breathing unit
Replace as needed	CPAP breathing unit – Distilled Water - 1
Replace every 3 months	CPAP breathing unit – 6/8 Foot Hose
Replace every 6 months	CPAP breathing unit – Face Mask
Replace as 3 months needed, if broke or missing	CPAP breathing unit – Oxygen Enrichment Adapter
Replace as needed	Your Name Labels - on your Equipment